VIRAL INFECTION

Dr. Ratirath Samol, MD. Department of Pathology and Forensic Medicine Faculty of Medicine, Naresuan University

Content of Viral disease

- Respiratory system
- Digestive system
- Systemic with skin eruption
- Systemic with hematopoietic disorder
- Arbovirus and hemorrhagic fever
- Warty growths
- Central nervous system



Mechanism of viral infection

- Attachment
- Penetration
- Virus uncoating
- Replication and protein production
- Morphogenesis and maturation
- Release of virus

Tissue change caused by viral infection

- Cell necrosis
- Cell swelling
- Inclusion body formation
- Giant cell formation
- Latent viral infection
- Oncogenesis

Classification of viral disease

Respiratory system

-Adenovirus, Rhinovirus, Influenza, Respiratory syncytial virus

• Digestive system

-Mumps virus, viral enteritis, hepatitis virus (A,B,C,D,E)

Classification of viral disease

Systemic with skin eruption

-Measles virus, Rubella virus, Varicella zoster virus, Herpes simplex virus 1and 2, Coxsackie Virus

- Systemic with hematopoietic disorder
 Cytomegalovirus, EBV, HIV
- Arbovirus and hemorrhagic fever
 -Dengue virus 1-4

Classification of viral disease

Warty growths

-Human papilloma virus, molluscum virus

Central nervous system

-Poliovirus, Rabies virus, Arbo viral encephalitis virus

Respiratory system

Rhinovirus

- Picornaviridae
- + single strand RNA
- Major cause of common cold
- More than 100 serotypes
- Binding to intercellular adhesion molecule-1 (ICAM-1) receptor on epithelial cells of URI
- Bradykinin from host response→ mucous secretion

Rhinovirus

- Clinical feature:

 -rhinorrhea, nasal congestion, sore throat, cough, fever
- Common complication: Adult:-sinusitis Child:-otitis media, lower respiratory symptom (bronchopneumonia)



Influenza virus Orthomyxoviruses Classify due to soluble (S) antigen of virion: subtype A,B,C Classify due to glycoprotein envelope: Homogolutipin (H)

- Hemagglutinin (H)
- Neuraminidase (N)

eg.H1N1, H3N2, H5N1



Influenza Antigenic Changes

Antigenic Drift

- -Minor change, same subtype
- -Caused by point mutations in gene
- -May result in epidemic

Antigenic Shift

- Major change, new subtype
- Caused by exchange of gene segments
- May result in pandemic

Influenza virus

- Influenza
- Avian influenza (Bird flu)
- Mexico influenza or Swine influenza (2009 influenza)





Influenza

Clinical feature:

- rapid onset of fever, myalgia, headache, weakness, cough
- progressive symptom 3-5 day
- clinical subside 2 weeks
- Complication: pneumonia, lung hemorrhage, hyaline membrane disease
- Killed viral vaccine



Avian influenza (Bird flu)

- Caused by influenza virus type A, H5N1
 - disease of bird, chicken, duck
 - transmitted to human by direct contact with affected animals
 - virus dies from heat (70 'c)

Avian influenza

- Disease in animals low pathogenic highly pathogenic

- Disease in humans (2-3 days)

fever, cough, sore throat, lymphopenia, severe pneumonia, res. failure, dead

Mexico influenza

- Swine influenza or 2009 influenza
- Subtype A, H1N1
- Infected by respiratory system and direct contact to eye (infection between human)
- Clinical symptom : similar to influenza

Mexico influenza

- People who work with poultry and swine, are increased risk of zoonotic infection
- In human, mutation of virus and transmitted between human

Influenza Antivirals

- Use neuraminidase inhibitors
- Oseltamavir: chemoprophylaxis and treatment
- Zanamavir: treatment only

Respiratory syncytial virus(RSV)

- Most common cause of self- limited respiratory tract infection in young children eg; bronchiolitis, pneumonia
- Transmitted by respiratory droplet and secretion

Adenovirus

- Adenoviridae
- Incubation period 6-9 days
- Common cause in child : conjunctivitis, URIs, bronchitis, pharyngitis (exudate), bronchiolitis, pneumonia, myocarditis, cystitis, encephalitis
- Immunocompromised host:- high risk for severe pneumonia

Digestive system

Mumps virus

- Paramyxovirus family
- Cause of mumps with self limited disease in 2 weeks
- Clinical:- fever, malaise, headache, parotid swelling and pain
- Live attenuated vaccine



Pathogenesis

Inhalation of respiratory droplet contains virus

dendritic cells at respiratory epithelium capture virus and drainage to lymph nodes

replication in lymph nodes

hematogeneous spread to parotid glands (parotitis), and other organs (CNS, pancreas, testis)







Viral enteritis and diarrhea

- Rotavirus
- Norwalk virus
- Corona virus

Rotavirus

- Reovirus family
- Most common cause of gastroenteritis in children < 1 year of age
- Clinical :- fever, rhinorrhea, vomiting, abdominal pain, watery non-bloody diarrhea
- Pathogenesis: reduce absorption of water and sodium from GI

Rotavirus

- Transmission by fecal-oral route
- Persistent symptom about 1 week
- Treatment: conservative with fluid replacement



Norwalk virus

- (+) ssRNA, nonenveloped virus
- Common in childhood
- Clinical, transmission, pathogenesis, clinical course and treatment are similar to Rotavirus

Coronavirus

- Caused by respiratory tract infection and diarrhea
- Self limited disease
- Intermittent epidermiology

Hepatitis virus

- Classified 6 types
 - Hepatitis virus types A, B, C, D, E, G

Hepatitis A virus (HAV)

- Naked RNA virus
- Transmitted by fecal-oral route (food, water)
- Common cause of acute hepatitis
- Clinical:- fever, jaundice, nausea, vomiting
- Complete recovery
- No develop chronic hepatitis and hepatocellular carcinoma
- Diagnosis; HAV-IgM, IgG

Hepatitis B virus (HBV)

- Transmitted by blood transfusion, intravenous drug use, sexual activity, vertical transmission and contact body secretion eg. semen, saliva, breast milk
- **Clinical:-** fever, jaundice, nausea, vomiting

Hepatitis B virus (HBV)

• Cause of:

- acute hepatitis with resolution
- chronic hepatitis, cirrhosis and hepatocellular carcinoma
- fulminant hepatitis with massive liver necrosis
- result for hepatitis D virus infection
- carrier









Interpretation serold	ogy of	HBV
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<u>HBsAg</u>	<u>Anti-HBs</u>	<u>Anti-HBc</u>	<u>Result</u>
-	-	-	ไม่เคยติดเชื้อ ไม่มีภูมิต้านทาน ควรฉีดวัคชีนป้องกัน
+	-	-	กำลังติดเชื้อ หรือเพิ่งเป็นโรคนี้ ติดต่อให้ผู้อื่นได้
-	-	+	เกยติดเชื้อมาไม่นาน แต่ไม่มีเชื้อแล้ว และไม่ติดต่อไปยังผู้อื่น

Interpretation serology of HBV

<u>HBsAg</u>	<u>Anti-HBs</u>	<u>Anti-HBc</u>	<u>Result</u>
+	-	+	กำลังติดเชื้อ อาจเป็นแบบ เฉียบพลัน หรือเป็นพาหะเรื้อรัง สามารถติดต่อให้ผู้อื่นได้
-	+	+	เคยติดเชื้อมาก่อน และมีภูมิ ต้านทานแล้วจะไม่ติดเชื้อซ้ำอีก
-	+	-	เคยฉีดวัคซีนป้องกันโรค

Hepatitis C virus (HCV)

- Transmitted by blood transfusion, intravenous drug use, sexual activity, and contact body secretion eg. semen, saliva
- Asymptomatic of acute illness

Hepatitis C virus (HCV)

• Cause of:

- persistent infection and chronic hepatitis
- cirrhosis and hepatocellular carcinoma



Hepatitis D virus (HDV)

- Transmitted by blood transfusion, intravenous drug use, sexual activity, and contact body secretion
- Infected with HBV:
 - coinfection: expose to serum containing both HBV and HDV
 - superinfection: chronic carrier of HBV with new infection of HDV

Hepatitis D virus (HDV)

• Clinical:

- acute hepatitis
- fulminant hepatitis
- chronic hepatitis with cirrhosis



Hepatitis E virus (HEV)

- Transmitted by water-borne infection
- High mortality rate in pregnant women
- Self limited in most case
- Complete recovery
- No develop chronic hepatitis and hepatocellular carcinoma

	Hepatitis A Virus	Hepatitis B Virus	Hepatitis C Virus	Hepatitis D Virus	Hepatitis E Virus	Hepatitis G Virus*
Agent	Icosahedra I capsid, ssRNA	Enveloped dsDNA	Enveloped ssRNA	Enveloped ssRNA	Unenvelop ed ssRNA	ssRNA virus
Transmissio n	Fecal- oral	Parenteral; close contact	Parenteral; close contact	Parenteral; close contact	Waterborne	Parenteral
Incubation period	2-6 wk	4-26 wk	2-26 wk	4-7 wk	2-8 wk	Unknown
Carrier state	None	0.1-1.0% of blood donors in U.S. and Western world	0.2-1.0% of blood donors in U.S. and Western world	1-10% in drug addicts and hemophiliacs	Unknown	1-2% of blood donors in U.S.
Chronic hepatitis	None	5-10% of acute infections	>50%	<5% coinfection, 80% upon superinfection	None	None
Hepatocellular carcinoma	No	Yes	Yes	No increase above HBV	Unknown, but unlikely	None

Systemic with skin eruption

Measles (nine-day/rubeola)

- Measles virus
- Infected by respiratory droplet
- Common in children
- Self limited disease
- Incubation period 9-10 days
- Vaccination is highly effective

Measles virus

- Virus multiplies in upper respiratory epithelium, lymphoid tissue, and spread to blood
- Immunity protect reinfection

Measles virus

• Clinical:

- conjunctivitis, cough, coryza, fever
- at day 2-3: "Koplik spot" at buccal
 - mucosa
- at day 4-5: reddish-brown rash,
- enlarged cervical LN
- 1 week: subside

Measles virus

• Complication:

- pneumonia
- encephalitis
- keratitis
- abnormal hemorrhage
- secondary bacterial infection

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Pathology of Measles

 Multinucleated giant cells with intranuclear and intracytoplasmic inclusion (Warthin-Finkeldey cells) in lymphoid organs and other organs



Warthin-Finkeldey cells

Rubella (german measles)

- Caused by Rubella virus
- Incubation period 14-21 days
- Systemic infection : **rash**, fever, malaise, coryza, arthritis and arthralgias
- Exanthem discrete, pinkish red, fine maculopapular eruption begins on the face and spreads cephalocaudally
- Dx: serology testing



Congenital rubella syndrome

- Infected pregnant woman (first 20th wks)
- Fetal death, premature delivery, congenital anomalies
- Heart defects: PDA, VSD, pulmonary valvular stenosis
- Eye and ear defects: cataract, glaucoma, deafness
- CNS defects: microcephaly, mental retard

Rubella (german measles)

• **Complications** - arthritis, purpura, thrombocytopenia, encephalitis

Herpes simplex infections

🔶 HSV-1

- >90% of primary infections are subclinical
- Fever blister or cold sores at facial skin eg. lip, nose, gingivostomatitis

HSV-2

- genital pathogen
- neonatal herpes



HSV-2 Genital Herpes

Herpes simplex infection

- Transmitted by direct/sexual contact
- Diagnosis: clinically
 - scrap base of vesicle and a special stain - Giemsa-stained (Tzanck smear)
 - ballooned epithelial cells with intranuclear inclusions and multinucleated giant
 - viral cultures take 24-72 hours

Primary herpes simplex infections

Herpetic gingivostomatitis

- high fever, irritability, anorexia, mouth pain, drooling in infants and toddlers
- gingiva becomes intensely erythematous, edematous, friable and tends to bleed
- small yellow ulcerations with red halos seen on buccal and labial mucosa, tongue, gingivae, palate, tonsils

Primary herpes simplex infections

Skin infections

- fever, malaise, localized lesions
- direct inoculation (usually cold sores) and genitalia
- painful vesicles on erythematous base usually grouped

Recurrent herpes simplex infection

- Triggers include fever, sunlight, local trauma, menses, emotional stress
- Seen most commonly as cold sores
- Prodrome of localized burning, itching before eruption of grouped vesicles

Herpes simplex virus

- Gross:
 - group of intraepithelial vesicles
 - (blisters) and frequently crust covering
 - may be ulcer

• Pathology:

- pink to purple, glassy intranuclear inclusion (Cowdry type A)
- mononucleated or multinucleated cells

HSV (cold sores)



HSV (gingivostomatitis)



HSV (genital herpes)









Neonatal herpes infection

- Infected fetus by contact vaginal secretion contains viruses
- Clinical features
 - mucocutaneous vesicles
 - virus spread to other organs eg. brain, liver, lung
- High mortality rate

Varicella zoster virus (VZV)

- Cause of chickenpox, herpes zoster (shingles)
- Incubation period ranges from 10-20 days
- Transmitted by inhalation of airborne respiratory droplets from an infected host or direct contact

Varicella zoster virus (VZV)

- Primary acute infection of VZV: "chickenpox"
- Reactivation of latent VZV: "shingles or herpes zoster" distributes to sensory nerves

Varicella (chickenpox)

- Clinical : fever, diffuse vesicle on skin and mucous membrane
- Complications : secondary bacterial skin infections, pneumonia, hepatitis, encephalitis, Reye syndrome
- Severe in the immunocompromised host
- Tx: Varicella-zoster immunogloblin

Herpes zoster (shingles)

- After primary infection, virus lies dormant in genome of sensory nerve root cell
- Postulated triggers include mechanical and trauma, infection, immunosuppression
- Lesions are grouped, thin-walled vesicles on erythematous base distributed along dermatome

Pathogenesis of VZV

Primary infection (chickenpox)

- VZV spread from mucosal and epidermal lesions to local sensory nerves
- VZV remains latent in dorsal ganglion cells of sensory nerves
- Reactivation of VZV results in syndrome of herpes zoster (shingles)

Varicella zoster virus (VZV)

• Gross:

- chickenpox: diffuse, scattered vesicles
- shingles: vesicles distribution along the peripheral nerve (dermatome)
- Histology:
 - Intranuclear inclusion of infected cells (multinucleated cells)

Varicella (chickenpox)



lesions in multi-stages







Coxsackie Virus

• Type A

Causes herpangina and hand- foot-and mouth disease

- Type B
 - Causes Pluerodynia
- Both

 Causes meningitis, myocarditis and pericarditis, also can cause juvenile diabetes



- 1-2 days later :
 - oral lesions (tongue, throat, gum) : shallow, yellow ulcers surrounded by red halos
 - painful red blister on hand and foot

Rx : supportive treatment

Hand-foot-and-mouth disease



Herpangina

- Coxsackie Virus A
- Common in child
- Infection of the throat
- Causes red-ringed blisters or ulcers on tonsils, roof of mouth and tongue



Systemic with hematopoietic disorder

Cytomegalovirus (CMV)

- Produce a variety of disease depend on age, immune status
- Cause of asymptomatic in healthy person or severe systemic infection in neonates and immunocompromised host (opportunistic infection)

Cytomegalovirus (CMV)

- Transmitted by:
 - intrauterine transmission
 - perinatal transmission
 - breast milk
 - respiratory droplets
 - semen and vaginal fluid
 - blood transfusion
 - organs transplantation

Cytomegalovirus (CMV)

- Clinical feature depends on infected organs
- Congenital CMV infection
 - 90% asymptomatic
 - 10% symptomatic eg. hemolytic anemia, jaundice, thrombocytopenia, pneumonia, hepatosplenomegaly, retinitis, brain damage, mental retard or dead

Histology of CMV

- Large purple intranuclear inclusion surrounded by clear halo and smaller basophilic intracytoplasmic inclusion
- Organ involvement: salivary glands, kidney, liver, pancreas, brain, ect.





Epstein-Barr Virus (EBV)

- Cause of infectious mononucleosis
- Self-limiting illness of children & young
- EBV associated with hairy leukoplakia, lymphoma, and nasopharyngeal carcinoma
- Transmitted by contact saliva

Epstein-Barr Virus (EBV)

- Clinical of infectious mononucleosis:
 - fever
 - generalized lymphadenopathy
 - hepatosplenomegaly
 - sore throat (patch on tonsil)
 - may be CNS lesion
 - may be hepatitis, pneumonia



EBV replicates in B-lymphocytes in tonsil B-lymphocytes disseminates in circulation Atypical T lymphocytes in blood circulation



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Human Immunodeficiency Virus (HIV)

- single-stranded, enveloped RNA viruses
- HIV 1, HIV 2
- can lead to acquired immunodeficiency syndrome (AIDS)

Human Immunodeficiency Virus (HIV)

- Infection occurs by transfer of blood, semen, vaginal fluid, or breast milk
- 4 major routes of transmission
 - sexual intercourse
 - contaminated needles
 - breast milk
 - vertical transmission



- Primarily infects in helper T cells (CD4+ T cells), macrophages, and dendritic cells
- HIV infection leads to low levels of CD4+ T cells by 3 main mechanisms
 - direct viral killing of infected CD4+ T cells
 - increased rates of apoptosis in infected CD4+ T cells
 - killing of infected CD4+ T cells by CD8 cytotoxic lymphocytes that recognize infected cells

Human Immunodeficiency Virus (HIV)

 CD4+ T cell numbers decline below a critical level, cell-mediated immunity(CMI) is lost, and the body becomes progressively more susceptible to opportunistic infections





HIV infection 4 stages

- Incubation period
 asymptomatic , 2-4 weeks after infection
- Acute infection
 - rapid viral replication
 - fever, lymphadenopathy
 - pharyngitis (sore throat)
 - rash, myalgia, malaise
 - mouth and esophageal sores

HIV infection 4 stages

- Latency stage
 - shows few or no symptoms
 - low level viral particle in blood stream
 - duration 2 weeks -20 years

HIV infection 4 stages

• AIDS

- symptoms of various opportunistic infections
- early : oral candidiasis (thrush) and tuberculosis
- later : recurrences of HSV, shingles and pneumonia caused by *Pneumocystis jirovecii*
- final stages : CMV, Mycobacterium avium complex (MAC) and EBV induced B-cell lymphomas or Kaposi 's sacroma



Arbovirus and hemorrhagic fever

Dengue virus

- Dengue virus 1-4
- Dengue fever is a vector-borne disease
- transmitted via bite of mosquitoes eg. *Aedes aegypti, Aedes albopictus*
- Symptoms of dengue include:
 - high fever, headache
 - rash
 - nausea and vomiting
 - myalgia
 - leukopenia (neutropenia), thrombocytopenia

Dengue virus

- Infection with one serotype provides lifelong immunity to that particular serotype but not to the other three
- Previous infection with simple dengue fever greatly increases risk of developing DHF

Warty growths

Human papilloma virus (HPV)

- Most common causes of sexually transmitted infection (STI) in the world
- HPV types cause benign skin wart, anogenital warts, anogenital cancer
- Warts: proliferative squamous epithelium producing nodules or flat lesions

Human papilloma virus (HPV)

- Skin warts
 - HPV types 1,2
 - common warts (verruca vulgaris): hands, trunk, extremities
 - plantar warts: plantar
 - no associated with cancer

Human papilloma virus (HPV)

- Anogenital warts (condyloma acuminatum)
 - HPV types 6,11
 - warts at penis, vulva, vagina, anus
 - no associated with cancer
- Anogenital cancer (squamous cell carcinoma)
 - HPV types 16,18,31,45
 - cause of cancer of anus, vulva, cervix and penis

Human papilloma virus (HPV)

- Transmitted by skin-to-skin contact during sexual intercourse
- Treated by electrocautery, laser treatment
- Histology : koilocytosis of infected cells



Anogenital warts (condylomata acuminata)



Squamous cell carcinoma of cervix



Koilocytosis of infected cells



Molluscum virus

- Cause of molluscum contagiosum
- Self-limited viral disease of skin
- Transmitted by skin or sexual contact
- Gross: raised, umbilicated, cutaneous nodules at skin (most perineum)
- Histology: intracytoplasmic inclusion bodies (molluscum bodies)



Molluscum contagiosum







Central nervous system

Poliovirus

- Causes poliomyelitis
- Transmitted by fecal-oral route
- Most asymptomatic
- 1/100 of infected patients→disease (spinal poliomyelitis, bulbar poliomyelitis)





Rabies virus

- Cause of rabies (encephalitis)
- Transmitted by saliva of dog or cat bites
- Clinical:

- malaise, headache, fever, dysphagia fallowed by period of acute neurologic symptom including disorientation, hallucination, seizure, coma and dead from res. failure





Negri bodies



Intracytoplasmic inclusion in neuron

Arbo viral encephalitis virus

- Japanese B caused by encephalitis
- Animal host : pig
- Carrier : Culex mosquitoes
- Clinical : confusion, seizure, coma
- Pathology : mononuclear cells around vessels, necrosis of neuron and brain tissue



